

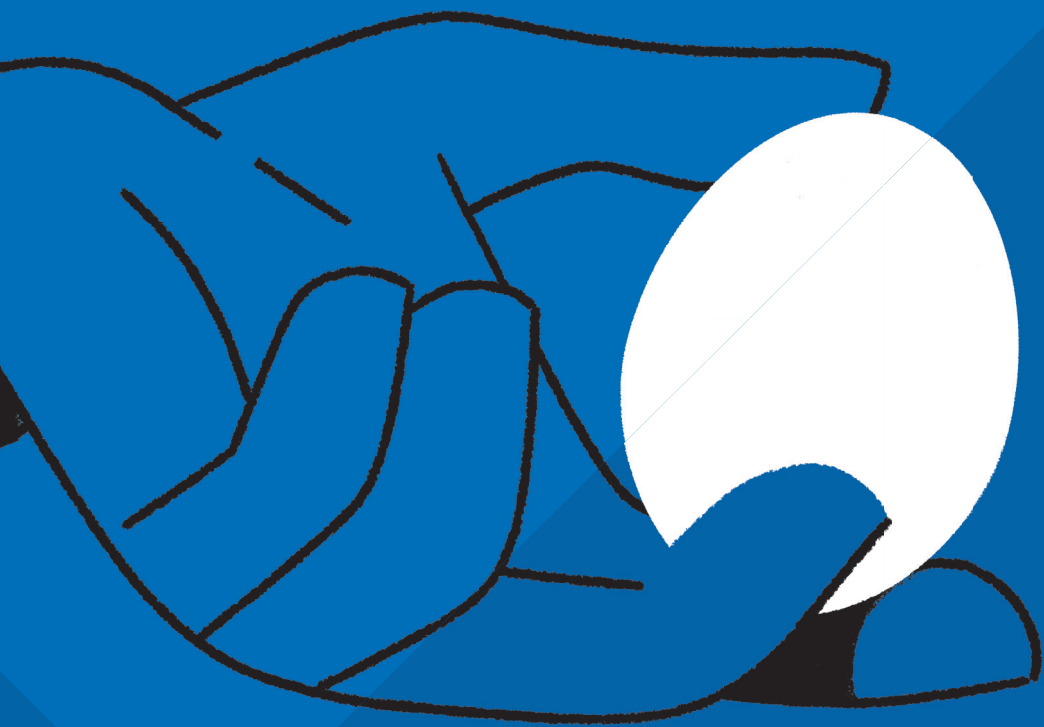
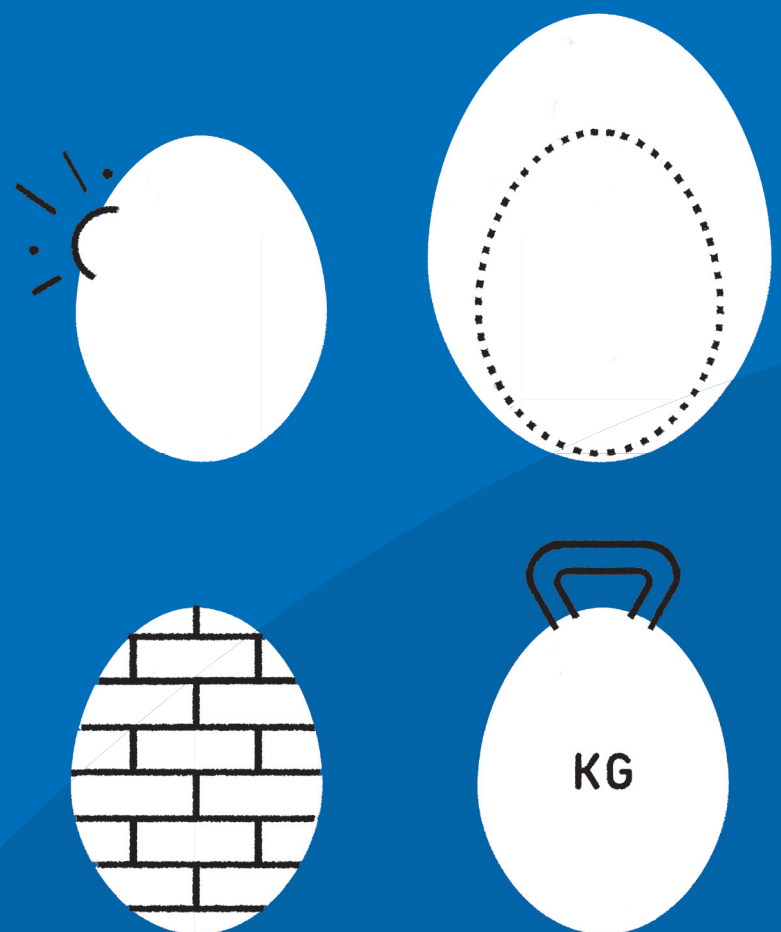
98% of testicular cancer cases are curable if caught early.

Here's a quick monthly check.

Check One

Stand and cup your testicles in the palm of your hand.

Do they feel:
heavier than usual?
bigger than usual?
more lopsided than usual?



Check Two

Roll each testicle between your index / middle fingers and your thumb.

Do you feel:
a hard lump?
any swelling or enlargement?
any unusual hardness?

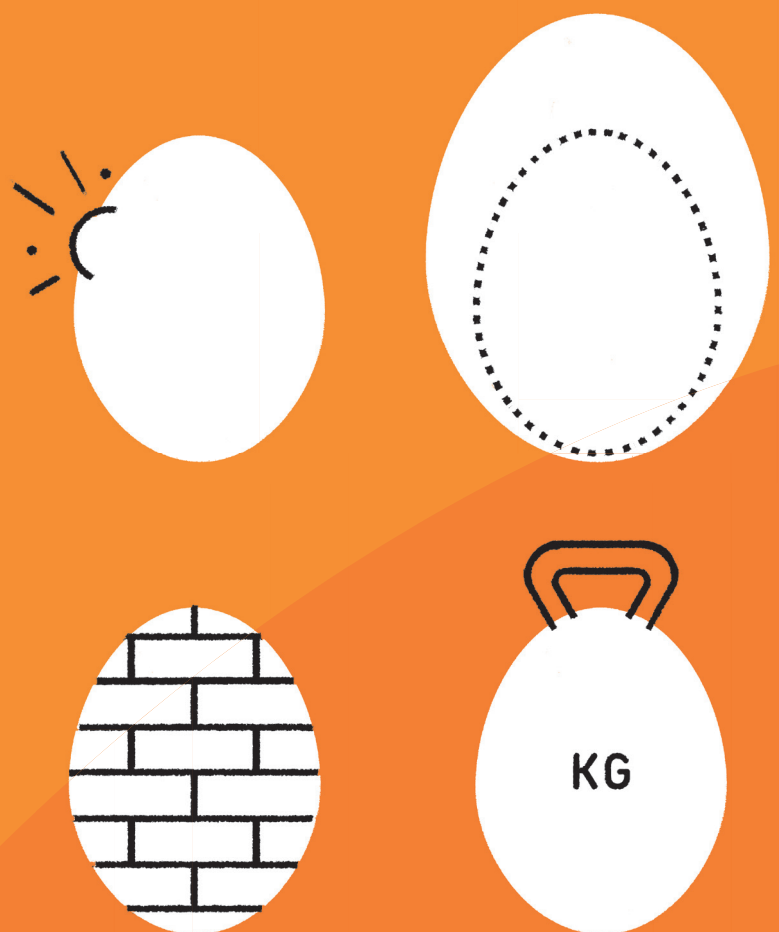
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